



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Dance : Unit 2	Gymnastics : Unit 2	Ball Skills : Unit 2	Games : Unit 2
Year 1	Invasion Games Fitness	Dance Ball Skills	Fundamentals Sending and Receiving	Target Games Team Building	Striking and Fielding Games Net and Wall Games	Gymnastics Athletics
Year 2	Invasion Games Fitness	Dance Ball Skills	Fundamentals Sending and Receiving	Target Games Team Building	Striking and Fielding Games Net and Wall Games	Gymnastics Athletics
Year 3	Netball Fundamentals Y3/4	Rugby Fitness	Gymnastics Ball Skills Y3/4	Dodgeball Striking and Fielding	Dance Athletics	Rounders Yoga
Year 4	Fundamentals Y3/4 Netball	Ball Skills Y3/4 Dodgeball	Fitness Rugby	Gymnastics Striking and Fielding	Dance Athletics	Swimming Yoga